

Thursday, August 19, 2010

A Meeting of Minds: Dedication to Dementia Care Agenda and Objectives

Sponsor: The Edcon Group

Location: Kansas City, Missouri (Harmony Vineyard Church)

8:30-9:00am

Welcome, introductions, opening discussion

9:00-9:45am

Presentation by Teepe Snow

Seeing It from the Other Side of the Mirror: Learning About Changes and What is Preserved to Help Understand Why People Do & Say What They Do and Act the Way They Do

Objectives:

- 1) Recognize the difference between normal aging and the beginnings of dementia in combination with the importance of being willing to change our behavior to help more effectively
- 2) Identify changes in brain function that affect the person and his/her words, emotions, actions, and interactions.
- 3) Discuss the impact of preserved versus lost skills

9:45-10:00am

Break

10:00-11:15am

Presentation by Teepe Snow

Building Skills in Connecting and Helping When Someone Has Dementia

Objectives:

- 1) Recognize the difference between common and typical caregiver responses and ones that would be more effective when someone is experiencing life with dementia
- 2) Discuss the concepts of letting go and living in the here and now, go with the flow, behavior acceptance, and stop-back off-change something-try again when learning how to help someone living with dementia
- 3) Demonstrate selected, effective interaction and care skills when helping someone with dementia

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11:15-11:30am

Break

11:30-12:30pm

Presentation by Kareen King

Finding Emilou

Beyond the most unlikely landscape, there lies an immeasurable treasure. Emilou, an 89-year-old woman who was a Polio survivor and lived with symptoms of dementia for many years, was considered by some to be the stereotypical nursing home *shouter*. Through storytelling and original song, Kareen King, MA, RDT, illustrates several important life lessons she has learned from someone who might otherwise be deemed useless at first glance. The Golden Rule takes on new meaning as a result of this personal account of Kareen's work and friendship with Emilou.

Objectives:

- 1) The learner will be able to apply principles of Validation while communicating with confused residents.
- 2) The learner will be able to engage with elders as human beings in an I-Thou relationship.
- 3) The learner will be able to recognize and address exceptions to Maslow's Hierarchy of Needs in the nursing home setting.

12:30-1:30pm

Lunch

1:30-3:00pm

Presentation by Teepa Snow

What Might Happen Next? Understanding Progression in a Different Way (An Overview of Gem Levels)

Objectives:

- 1) Describe 6 stages of dementia related to maintained abilities, lost skills, typical interests, common issues and problems, and cueing systems that are more effective
- 2) Identify at least 3 positive interaction strategies that would be helpful at each stage

3:00-3:15pm

Break

3:15-4:30pm

Presentation by Mary Sharp and Rachel Kail

(details on next page)

A Meeting of Minds: Dedication to Dementia Care Thursday, August 19, 2010 – “Giving” Module

This program explores ways in which caregivers can respond to the basic need of those with dementia to *give*. Many elders in care communities have little or no control of daily activities or financial resources but want to make a meaningful contribution to their community, country and people in other parts of the world. Various parts of this program will create an understanding of how relatively simple it is to design opportunities for those with dementia to *give*.

OBJECTIVES	CONTENT OUTLINE	TIME FRAME	PRESENTER	TEACHING METHODS
LIST LEARNING OBJECTIVES IN BEHAVIORAL TERMS.	PROVIDE AN OUTLINE OF THE CONTENT FOR EACH OBJECTIVE.	STATE THE TIME FRAME FOR EACH OBJECTIVE.	LIST THE FACULTY FOR EACH OBJECTIVE.	DESCRIBE THE TEACHING METHODS, STRATEGIES, MATERIALS, AND RESOURCES FOR EACH OBJECTIVE.
(1) Those attending will observe and hear a summary of what motivates the emotional need to give. They will be able to verbally list at least two reasons that a giving/ contribution activity is stimulating to those who have dementia.	(1) Instructors will show slides and video clips to open thought processes about the many ways in which people have given to a wide range of causes...both small and simple as well as large, expensive and on-going.	20 minutes	Mary Sharp & Rachel Kail	Method/strategy: Lecture, large group facilitated discussion Materials: Handout Resources: PowerPoint and a flip chart
(2) Participants will be able to write at least three ways in which they believe they can create a meaningful contribution program for residents of their care community.	(2) Using brainstorming methods, the instructors will guide participants to an understanding of multiple ways those with dementia can become eager participants in activities to generate revenue.	20 minutes	Mary Sharp & Rachel Kail	Method/Strategy: Lecture, small group experimental learning activity and facilitated large group discussion. Materials: Handout Resources: PowerPoint
(3) With the aid of the handout material, participants will be able to name 2 of 5 ways to help those with dementia convert their contributions into gifts that have purpose and provide on-going emotional connection.	(3) Instructors will present a summary of organizations who provide assistance to communities, the country and world. Instructors will offer opinions about agencies and services they think are making important changes in lives.	20 minutes	Mary Sharp & Rachel Kail.	Method/strategy: Videos, lecture and facilitated large group discussion Materials: Handouts Resources: PowerPoint